Colorectal Surgery Associates, P.C.

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PATIENT NAME_____DATE_____ BOWEL DIARY

		S = Small M = Medium L = Large	St = Stain S = Small M = Moderate L = Large	N= Normal L = Loose, Watery M = Mushy S = Soft & Formed H = Hard & Formed P = Pellets	L = Laxatives E = Enema(s) S = Suppository F = Fiber SS = Stool Softener I = Imodium	Factors affecting bowel function i.e. illness, diet, activity, stress, ate too much, ate new/different food, etc.
DATE	TIME OF DAY	QUANTITY	ACCIDENT	CONSISTENCY	MEDICATIONS	COMMENTS